Information on COVID-19

What is COVID-19?

COVID-19 (also known as Coronavirus) is a new illness that is spreading around the world.

How to prevent it from spreading?





Wash your hands for 20 seconds Cover your mouth with a tissue or sleeve when coughing or sneezing Avoid touching your face

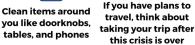




Use tissues and throw them away



Stay home if you are feeling sick



family members

who are sick

SCDD



Call before visiting your doctor

Updated 3/17/2020

Why is COVID-19 Important?

Learning about COVID-19 is important because it can spread quickly even if people do not show symptoms.

How can I stay safe?



Stay Home

No Day Program No Community Outings

When COVID-19 is over, I will go back to my normal routine.

How can I learn more?

www.scdd.ca.gov

www.disabilityvoicesunited.org/cv/

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If you have plans to Clean items around travel, think about you like doorknobs, taking your trip after tables, and phones this crisis is over

family members

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Why is COVID-19 Important?

Learning about COVID-19 is important because it can spread quickly even if people do not show symptoms.

How can I stay safe?

- I have to stay at home so I can stay safe. •
- I can't go to my day program.
- I can't go to the places I enjoy in my • community.
- I have to wash my hands for at least 20 • seconds.
- When COVID-19 is over, I will go back to my ٠ normal routine.

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